

## Can insurance pay for counselling at Insight Counselling Services? Yes.

Most insurance providers recognize **Registered Counselling Therapists** or the title of **Registered Professional Counsellors** to be qualified for insurance reimbursement. Russell Webb is a Counselling Therapist of Alberta and Registered Professional Counsellor (RPC) and Master Practitioner in Clinical Counselling (MPCC) through the **Canadian Professional Counsellors Association**. His registered professional number is: **3709**. CPCA Counsellors have been reimbursed by insurance providers across Canada, such as (1) Pacific Blue Cross, (2) Pacific Life, (3) Sunlife, (4) Great West Life and (5) Manulife to name a few, who recognize members of the Alberta College of Counselling Therapy (ACCT) and the Canadian Professional Counsellors Association (CPCA) and provide reimbursement of expenses for their clients.

However, it is important that you contact your insurance provider prior to starting counselling to ensure that you can be reimbursed. Please note that payment to your counsellor is at the time of the session. Your reimbursement comes upon submitting your receipts to your insurance provider. The information your insurance provider may need is below:

**Your Counsellor's Name:** **Russell Webb, MA CT RPC MPCC**  
**Business Name:** Insight Counselling Services  
**Business Address:** 17 Dunmore Road, Medicine Hat, AB, T1B 1Z5  
**Business Phone:** (403) 529-7255  
**Email Contact:** [russ.insightcounselling@gmail.com](mailto:russ.insightcounselling@gmail.com)  
**Website:** [www.insightcounsellingservices.ca](http://www.insightcounsellingservices.ca)  
**Counsellor's Credentials:** **MA** – Master's Degree in Counselling Psychology from UBC  
**CT** – Counselling Therapist (from association with ACTA)  
**RPC** - Registered Professional Counsellor (from CPCA)  
**MPCC** - Master Practitioner in Clinical Counselling (from CPCA)

**Registering Provincial Association:** Association of Counselling Therapists of Alberta (ACTA) which upon government proclamation will become the Alberta College of Counselling Therapy (ACTA) under the Health Professions Act of Alberta.

**ACTA Website:** [www.acta-alberta.ca](http://www.acta-alberta.ca)  
**ACTA Registration No:** **1018**

**Registering Association:** Canadian Professional Counsellors Association  
**CPCA Website:** [www.theCPCA.ca](http://www.theCPCA.ca)  
**Member Association Number:** **3709**

**Counsellor's Education:** - **Bachelor's Degree in Psychology** from Trinity Western University  
- **Master's Degree in Counselling Psychology** with a focus in counselling therapy and marriage and family therapy from the University of British Columbia (UBC)  
- Russ also taught at Medicine Hat College ([www.mhc.ab.ca](http://www.mhc.ab.ca)) from 2007-2020 in the Addictions Counselling Program

If your specific insurance provider still refuses to reimburse your counselling expenses, your counsellor, can also send a letter to your insurance provider (with your written permission) to advocate on your behalf.

If you have "Health Spending Account" or "Wellness Spending Account" as a part of your insurance coverage, you may submit your counselling receipts for reimbursement through that part of your insurance. Contact your insurance provider for how to do this. I hope this is helpful to you.